

Job Title Practitioner Psychologist

**Location** The post is located within a designated hub/service.

**Responsible to**Head of Clinical Operations North/South or through delegation to the Lead

Clinician for the designated clinical team/locality. The post holder is required to

ensure their role delivery and activity meets the agreed expectations of the Lead

Clinician.

**Responsible for** Assistant Psychologist/s (where agreed)

Management Responsibility for (Stipulate where agreed)

**Key Internal Contacts**Other staff within the clinical team

Staff within the education/care team

Staff in other departments within the service

Staff in other services in the Region

Central Office Staff

**Key External Contacts** Service User relatives, advocates, and others

Placing Authorities and Service Providers

Registration, Regulatory and Inspection bodies

Local Services – Statutory, Voluntary and Community

Neighbours

### **JOB PURPOSE**

Working as part of a clinical team to provide a Psychology service within The London Childrens Practice. To work collaboratively with LCP services, promoting the wellbeing and best interests of the specific client group and the effectiveness of the service in achieving its aims and objectives. To undertake all aspects of Psychological clinical duties, working within the ethical framework provided by the rules of professional conduct. To offer a Psychological service for the specific client group, through direct involvement with them and through working with others that support the client group. To provide advice, information, consultation, reflective practice and training to staff, other members of the clinical team, commissioners, and other agencies regarding the client group.



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#### **KEY TASK AREAS & RESPONSIBILITIES: PROFESSIONAL AND CLINICAL**

#### Clinical

- To offer a specialist systematic Psychology service in the specified geographical area.
- To work collaboratively with education and/or care staff, as a key member of the multi-disciplinary team, working together to set targets and as part of an 'assess, plan, do and review' model to support the client group.
- To provide specialist training, reflective practice, consultation, observation, explanation and modelling to staff within the services and support them to carry out their tasks, including implementation of interventions, approaches and strategies to support the client group.
- To ensure that teams have access to a Psychological based framework for the understanding and care of clients, through advice and consultation, clinical supervision and the dissemination of knowledge, research and theory.
- Represent the Psychology service and/or individual clients at multi-disciplinary meetings, to ensure the delivery of a co-ordinated multidisciplinary service, integrating Psychological knowledge where relevant.
- To provide a specialist assessment, formulation, intervention, management and evaluation role in the service using relevant and specialist Psychology approaches.
- To participate in the process of the assessment of referrals into the service on request/as part of LCP process.
- To make decisions about Psychological intervention options taking into account: LCP approved approaches; relevant evidence-based research, theory and practice; and complex factors concerning historical and development processes which have shaped the specific client group and their families.
- To work with own caseload and to provide specialist assessment, intervention and evaluation under the management of Lead Clinician and in consultation with key adults involved.
- To undertake direct intervention with some members of client group, both at individual and group levels.
- To use LCP approved outcome measures, and other approved methods of evaluation, to monitor and review impact and progress, reassessing and altering interventions/recommendations accordingly following analysis of outcomes.
- To support client group to have a voice, acting as advocates for them when their voice is not understood or heard.
- To ensure appropriate liaison with professionals from external agencies in relation to shared cases, including agencies working with the specific client groups and their carers.

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- To be responsible for monitoring and evaluating risk to/from the specific client group within own caseload and providing advice and consultation offered to others around risk management of the wider service cohort.
- To communicate and share information in a highly skilled and sensitive manner with young people, families, other professionals and agencies using the highest levels of interpersonal skills in situations which are likely to be highly emotive, upsetting and/or confrontational.
- To maintain the highest standards of clinical record keeping and Psychological report writing, being responsible for maintaining and sharing accurate and comprehensive records in line with the appropriate professional bodies standards of practise and LCP ways of working.
- To model standards of best practice and professional responsibility in line with 'Care
  Quality Commission' outcomes (relevant only to care services) and the principles of
  Clinical Governance and professional regulations and standards of behaviour
  detailed within relevant professional bodies, including the Health & Care
  Professions Council (HCPC) documentation. Ensure that standards of clinical
  excellence are maintained at all times.

#### **Service Development and Research**

- To work closely with clinical and education/care colleagues, using Psychological skills at a whole service level by contributing to the development of the service via: capacity building staff; embedding companywide approaches; and informing policies, processes and protocols.
- To support in promoting, initiating, implementing, embedding and evaluating agreed service developments, approaches and projects.
- To keep up to date knowledge of legislation, national and local policies and issues relevant to the service, continuously using this knowledge to improve service delivery.
- To use LCP approved service evaluation and monitoring tools to evaluate, review and improve on clinical service delivery.
- To utilise theory, evidence-based literature and research to support evidence-based practice and contribute to the development of best practice within the service.
- To participate in clinical team meetings and working groups, supporting local service development and to generate written protocols and policies concerned with the delivery and development of wider clinical services by providing a psychological perspective, following evidence-based knowledge and good practice.
- To contribute to the overall ethos/work/aims of the company.
- To contribute to relevant research, projects and pilot studies as agreed.



• To be responsible for the prudent efficient and effective use of equipment and resources within the service, ensuring awareness that the service operates to agreed budgets and contributing to keeping within these budgets as instructed.

#### Supervision

- To offer clinical supervision as appropriate to peers, trainees, Assistant Psychologists and colleagues within LCP, using LCP clinical supervision methods and guidance provided by relevant clinical regulatory bodies.
- To ensure that engagement with own clinical supervision is maintained, in line with HCPC requirements and LCP clinical supervision methods.

#### **Managing own Performance and Development**

- To maintain awareness of and complying with current policies and procedures relating to safeguarding, child protection, health, safety and security, confidentiality and data protection, and reporting all concerns to an appropriate designated person.
- To maintain up to date knowledge of LCP guidelines and of national local standards and monitor own and others quality of practice as appropriate.
- To engage with LCP processes and platforms (including clinical forums) to maintain up to date knowledge of service and companywide developments.
- To engage in line management meetings, performance management and appraisal processes as required, setting and achieving challenging professional targets and carrying out agreed personal development programmes to meet targeted knowledge and competencies.
- To be responsible for maintaining own competency to practice through LCP approved CPD activities and supervision, maintaining a portfolio which reflects personal development.
- To actively participate in CPD activities, including completing all LCP mandatory training to deadlines.
- To exercise professional responsibility based on the HCPC and other relevant professional body's standards.
- To maintain and develop current knowledge of evidenced-based practice, developing specialist knowledge of particular conditions and client types.



#### Health, Safety and Well-Being

- To monitor and promote own positive emotional and physical wellbeing and fitness to practice, including (but not limited to) ensuring a healthy life and work balance, accessing relevant resources, tools and processes available via LCP and accessing additional support if/when required, working with line managers and supervisors when needed.
- To contribute to a safe and secure environment for people who use our services. In carrying out the tasks in this job description you have a duty (under Health & Safety legislation) to take reasonable care for the health and safety of yourself and that of others. This implies: taking positive steps to understand, report and/or remedy all hazards in the workplace; to comply with safety rules and procedures; and to ensure that you undertake all duties in a manner calculated to minimise or avoid unnecessary risks, personally or to others.
- To remain vigilant and do everything possible to protect people who use our services, and others, from abuse of a physical, emotional, sexual, neglectful, financial or institutional nature. This includes an absolute requirement to know how to identify potential abuse or neglect and follow safeguarding procedures, reporting any incident of this nature you witness, hear or suspect. Being aware of the current legal requirements, national policies and guidance on the safeguarding and promotion of the well-being of client group.
- To know how to identify and support our client group when progress, development or well-being is affected by changes or difficulties in their personal circumstances, and when to refer them to other colleagues and external agencies.
- To work within infection control, risk management and Health & Safety guidelines to deal appropriately with unpleasant conditions relating to client contact as they arise, for example: exposure to body fluids.

#### **Administrative and IT**

- To support the organisation, co-ordination and minute taking of meetings as required.
- To maintain the highest standards of clinical record keeping and management of clinical files (using LCP approved methods and templates), including electronic data entry and storage.
- To safely distribute/share Psychological documents, and any other relevant documentation as required, in line with 'GDPR' and LCP guidance.
- To develop a skill base in the administration and analysis of a range of packages as required.



- To be competent in the use of basic IT packages and platforms such as Microsoft Word, Excel, Power Point, Share Point TEAMS, Zoom.
- To use LCP branded materials and resources where appropriate.

#### General

- To operate at all times in accordance with company policies and procedures, with particular reference to Safeguarding, Child Protection, Whistleblowing, Complaints and Representations and Behaviour Policies.
- To promote the service as a valued asset within its community and promote a culture that reinforces this image via appropriate conduct at all times.
- To work to and exhibit the values of LCP and maintain standards of behaviour in accordance with LCP policies, procedures and practices.
- To ensure that all actions are in the interests of the people we support and LCP.
- To be flexible to the demands of the environment, including unpredictable work patterns, deadlines, and frequent interruptions.
- To carry out any other reasonable and relevant duties as required within LCP.

The above serves as a guide and is not an exhaustive list of duties and responsibilities: the postholder may be required to undertake other duties as reasonably required by their Line Manager / Lead Clinician / Clinical Operational Lead. This job description will be reviewed regularly in the light of changing service requirements and any such changes will be discussed with the postholder.

I have read through the job description and agree to perform the duties as outlined above.

Job Holder's signature	
Name:	
Signed:	Date:
Signed on behalf of the LCP	
Name:	Title:
Signed:	Date:

